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Cyclopentadienone Iron Alcohol Complexes: Synthesis, Reactivity, and Implications for the Mechanism of Iron-Catalyzed Hydrogenation of Aldehydes

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Abstract: Cyclopentadienone iron alcohol complexes generated from the reactions of $[2,5-(SiMe_3)_2-3,4-(CH_2)_4(\eta^5-C_4COH)]Fe(CO)_2H$ (3) and aldehydes were characterized by ¹H NMR, ¹³C NMR, and IR spectroscopy. The benzyl alcohol complex $[2,5-(SiMe_3)_2-3,4-(CH_2)_4(\eta^4-C_4C=O)]Fe(CO)_2(HOCH_2C_6H_5)$ (6-H) was also characterized by X-ray crystallography. These alcohol complexes are thermally unstable and prone to dissociate the coordinated alcohols. The alcohol ligand is easily replaced by other ligands such as PhCN, pyridine, and PPh₃. Dissociation of the alcohol ligand in the presence of H₂ leads to the formation of iron hydride 3. The reduction of aldehydes by 3 was carried out in the presence of 4-methylbenzyl alcohol as a potential intermolecular traps. The reaction of 3 with PhCHO in the presence of 4-methylbenzyl alcohol. However, the reaction of 3 with 4-(HOCD₂)C₆H₄CHO, which possesses a potential intramolecular alcohol trapping agent, afforded two alcohol coordinated. The intramolecular trapping experiments support a mechanism involving concerted transfer of a proton from OH and hydride from Fe of 3 to aldehydes. The kinetics and mechanism of the hydrogenation of benzaldehyde catalyzed by 3 are presented.

Alcohol complexes play important roles in transition-metalcatalyzed reactions. They serve as catalyst precursors by dissociating the alcohol ligand and creating vacant coordination sites for substrate binding. They have been proposed as essential intermediates in aerobic alcohol oxidations,1 silane alcoholysis,2 and ionic hydrogenation of carbonyl groups.³ Alcohol complexes have been suggested as possible intermediates in the hydrogenation of ketones and aldehydes catalyzed by Shvo's diruthenium hydride complex $1-S^4$ and its tolyl analogue 1. However, all attempts to prepare or spectroscopically observe these ruthenium alcohol complexes have been unsuccessful.⁵ We succeeded in synthesizing related cationic hydroxycyclopentadienyl ruthenium alcohol complexes,⁶ which dissociate alcohol rapidly at low temperature. Very few alcohol complexes have been crystallographically characterized;^{3a,e,7} all of the structurally characterized alcohol complexes are cationic compounds.

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Ligand—metal bifunctional hydrogenation catalysis is dramatically changing the face of reduction chemistry.⁸ These transition metal catalysts contain electronically coupled hydridic and acidic hydrogens that are transferred to polar unsaturated species under mild conditions. The first such catalyst, Shvo's (hydroxycyclopentadienyl) diruthenium bridging hydride (**1-S**), was developed in the mid 1980s.^{4,9,10} Noyori has developed a series of chiral ruthenium(diamine)(diphosphine) catalysts, including ruthenium(dpen)(tol-BINAP) (Figure 1), which displays extraordinary activity and enantioselectivity in the hydrogenation of a diverse range of ketones.¹¹

Recently, we discovered that the hydroxycyclopentadienyl iron hydride **3**, which is closely related to the active reducing agent in the Shvo ruthenium catalyst system, is an efficient and chemoselective catalyst for the hydrogenation of ketones.¹² In

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Figure 1. Examples of ligand-metal bifunctional catalysts.



Scheme 2



the absence of dihydrogen, spectral evidence suggested the formation of an iron alcohol complex: two ¹H NMR resonances were seen for the diastereotopic SiMe₃ groups of the complex of a chiral alcohol (4), while a single SiMe₃ resonance was seen for the complex of a symmetric alcohol complex (5) (Scheme 1). Unfortunately, because the reduction of ketones did not go to completion and because alcohol complexes 4 and 5 slowly decomposed (>12 h) to unidentified products, it was not possible to isolate and fully characterize these alcohol complexes.

Here we describe the synthesis of neutral iron alcohol complexes from complete stoichiometric reduction of aldehydes by iron hydride [2,5-(SiMe₃)₂-3,4-(CH₂)₄(η^{5} -C₄COH)]Fe(CO)₂H (**3**). We have examined the kinetic and thermodynamic stability of the alcohol complexes toward substitution reactions. We have also studied hydrogen-transfer reaction from **3** to aldehydes with both intermolecular and intramolecular alcohol trapping agents. These trapping experiments, in combination with kinetics studies on catalytic aldehyde hydrogenation and alcohol dissociation, provide strong evidence that reduction occurs outside the coordination sphere of the metal.

Results

Synthesis and Stability of Iron Alcohol Complexes. When equimolar amounts of benzaldehyde and $[2,5-(SiMe_3)_2-3,4-(CH_2)_4(\eta^5-C_4COH)]Fe(CO)_2H$ (3) were mixed in toluene- d_8 , the



Figure 2. X-ray crystal structure of 6-H shown with 50% probability ellipsoids.

color of the resulting solution changed from yellow to orange within seconds. After 10 min at room temperature, the ¹H NMR spectrum of the solution confirmed the complete reduction of benzaldehyde and the formation of [2,5-(SiMe₃)₂-3,4-(CH₂)₄(η^4 -C₄C=O)]Fe(CO)₂(HOCH₂C₆H₅) (**6-H**) in >90% NMR yield. The benzylic hydrogen resonance of **6-H** appeared at δ 4.18 (shifted from δ 4.34 in free benzyl alcohol), and the hydrogenbonded hydroxyl resonance was a broad singlet at δ 1.35. Solutions of **6-H** in toluene-*d*₈ were stable indefinitely at -30°C but underwent significant decomposition within 1 h at room temperature. Extended reaction time produced some unidentified iron species as well as the free alcohol. A series of *para*substituted benzyl alcohol complexes displayed similar thermal stability (Scheme 2).

X-ray Structure of 6-H. Single crystals of 6-H were grown by slow evaporation of a -30 °C pentane solution of the alcohol complex (generated *in situ* from hydride **3** and benzaldehyde). In the X-ray crystal structure of **6-H**, the Fe center is formally five-coordinate with a bidentate cyclopentadienone ligand, two carbonyls, and an alcohol (Figure 2). The short C(1)-O(1)distance of 1.2768(16) Å is best described as a C=O unit. The five-membered ring of the cyclopentadienone ligand has an envelope shape, with the C(1) atom displaced away from the Fe center. The angle between the plane C(2)-C(3)-C(8)-C(9)and the plane C(2)-C(1)-C(9) is 7.7(1)°. As a result, the Fe-C(1) distance of 2.222(1) Å is longer than the distances to C(2) and C(9) (average 2.126(2) Å) or to C(3) and C(8) (average 2.087(7) Å). O(1) is bent down $10.7(2)^{\circ}$ toward the alcohol ligand from the C(2)-C(1)-C(9) plane as a consequence of the hydrogen-bonding interaction with the complexed alcohol.

Very Rapid Aldehyde Reduction. The rate of reduction of benzaldehyde by **3** in toluene- d_8 was too rapid to be determined accurately, even at low temperature. When a solution of **3** (0.009 M) and PhCHO (0.10 M) prepared at -78 °C was inserted into a ¹H NMR probe at -72 °C, about 80% reduction had occurred before the first spectrum could be obtained. The rate of the remainder of the reaction was followed to obtain a very approximate rate constant, $k_{obs} = 1.6$ (7) × 10⁻³ s⁻¹ ($t_{1/2} \approx 7$ min).¹³ For comparison, the rate of reduction of benzaldehyde by ruthenium hydride **2** in toluene was much slower, even at -37 °C.¹⁴

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Table 1. Equilibrium Constants for Alcohol Exchange at 25 $^\circ C^a$

| | | \mathcal{K}_{eq} | |
|------------------|------------|------------------------|---------------------------------|
| Х | σ^b | toluene-d ₈ | CD ₂ Cl ₂ |
| OCH ₃ | -0.27 | 1.74(28) | 1.49(1) |
| CH_3 | -0.17 | 1.35(14) | 1.15(11) |
| CF_3 | 0.54 | 0.32(2) | 0.50(3) |
| NO_2 | 0.78 | 0.26(8) | 0.35(7) |

 a Average of equilibrium constants approached from both directions. b Hammett substituent constant. 16





Exchange of Coordinated Alcohols with Free Alcohols. Coordinated alcohols were labile at room temperature and underwent rapid exchange with free alcohols (Scheme 3). Equilibria were established within 10 min.¹⁵ More basic alcohols bearing electron-donor substituents preferentially complex to iron (Table 1).

Substitution of Coordinated Alcohol by Triphenylphos-phine, Benzonitrile, and Pyridine. Benzyl alcohol was readily displaced from **6-H** by other ligands at room temperature. Triphenylphosphine, benzonitrile, and pyridine all reacted rapidly with **6-H** to afford the corresponding complexes almost quantitatively (Scheme 4). The PPh₃-substituted complex **7** was reported in the literature,¹⁷ and compounds **8** and **9** were synthesized independently.

Kinetics of Ligand Substitution of Alcohol Complexes. The rate for the substitution of coordinated benzyl alcohol in **6-H** by PhCN was studied by ¹H NMR spectroscopy. When 2 equiv

- (14) The rate constant for reduction of benzaldehyde by **2** was extrapolated to -72 °C using activation parameters: 1.2×10^{-4} M⁻¹ s⁻¹. Casey, C. P.; Johnson, J. B. *Can. J. Chem.* **2005**, *83*, 1339.
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Figure 3. Rate of ligand substitution of alcohol from **6-H** as a function of PhCN and PPh₃ concentrations at 5 °C.



Figure 4. Rate of PhCN substitution of alcohol from 6-H as a function of added alcohol concentration at 5 °C with [PhCN] = 0.35 M.

of PhCN (0.060 M) were added to a solution of **6-H** (0.030 M) in toluene- d_8 at 5 °C, the disappearance of **6-H** followed pseudo-first-order kinetics over more than one half-life. When the concentration of PhCN was increased, k_{obs} for ligand substitution increased and then plateaued above 0.23 M PhCN at a saturation rate of $4.7(1) \times 10^{-3} \text{ s}^{-1}$ (Figure 3). Added benzyl alcohol was found to inhibit the rate of ligand substitution in the presence of 0.35 M PhCN (Figure 4).

A kinetic mechanism involving reversible dissociation of alcohol followed by PhCN trapping is consistent with these rate measurements (Scheme 5).¹⁸ Assuming steady-state approximation on unsaturated intermediate **A**, the substitution reaction has the rate law shown in eq 1. At high concentration of PhCN, where k_2 [PhCN] $\gg k_{-1}$ [PhCH₂OH], the rate law simplifies to eq 2, and the observed rate constant is equal to the alcohol dissociation rate constant $k_1 (\approx 4.7 \times 10^{-3} \text{ s}^{-1})$. The ratio of k_2/k_{-1} was estimated to be about 0.21 from the slower rate of reaction in the presence of 0.11 M [PhCH₂OH] and 0.35 M [PhCN] ($k_{obs} = 1.9 \times 10^{-3} \text{ s}$) than in its absence ($k_{obs} = 4.7 \times 10^{-3} \text{ s}^{-1}$).

Associative ligand substitution mechanisms involving reversible nitrile coordination concurrent with η^4 to η^2 ring slippage, followed by irreversible loss of alcohol concurrent with η^2 to η^4 ring slippage, are not consistent with the observed inverse

⁽¹³⁾ Assuming second-order kinetics, this corresponds to a second-order rate constant of $1.6(7) \times 10^{-2} \text{ M}^{-1} \text{ s}^{-1} \text{ at} - 72 \text{ °C}$ in toluene- d_8 .

⁽¹⁸⁾ A more detailed molecular mechanism involving dissociation of alcohol in a two-step process, first breaking of Fe-O bond and then breaking the hydrogen bond, is also consistent with the observed kinetics.



Scheme 6



Table 2. Alcohol Dissociation Rate Constants at 5 °C in Toluene- d_8

| alcohol complex | σ | $k_1 \times 10^{-3} (s^{-1})$ |
|--------------------|-------|-------------------------------|
| 6-OCH ₃ | -0.27 | 2.2(1) |
| 6-CH ₃ | -0.17 | 3.9(1) |
| 6-H | 0.0 | 4.7(1) |
| 6-CF ₃ | 0.54 | 16(1) |
| 6-NO ₂ | 0.78 | 20(1) |

kinetic dependence on alcohol concentration (Scheme 6). Moreover, in an associative mechanism, the observation of saturation kinetics at high nitrile concentration would require significant concentrations of an intermediate. Even if such an intermediate were in rapid equilibrium with the starting alcohol complex, significant changes in the NMR spectrum should have been detected, but none were seen.

The temperature dependence of the unimolecular dissociation of alcohol from **6-H** was obtained by measuring the saturation rates at 0.35–0.82 M PhCN. Rate constants measured between -10 and 5 °C gave activation parameters $\Delta H^{\ddagger} = 15.7 \pm 0.8$ kcal mol⁻¹ and $\Delta S^{\ddagger} = -12.6 \pm 3.0$ eu.

Complexes of more basic alcohols bearing electron-donor substituents underwent slower alcohol dissociation (Table 2). For example, the rate of dissociation of 4-methoxybenzyl alcohol from $6-OCH_3$ was about 10 times slower than that of 4-ni-trobenzyl alcohol from $6-NO_2$.

The rate for the substitution of coordinated benzyl alcohol in **6-H** by PPh₃ was slower than that by PhCN at similar ligand concentrations (Figure 3). Moreover, at low [PPh₃] (0.048 M), the disappearance of **6-H** deviated from an exponential decay. The reaction slowed as the concentration of PhCH₂OH built up in solution. These results suggest that PPh₃ does not efficiently compete with alcohols for the trapping of intermediate **A**. In a competition experiment, reaction of **6-H** (0.021 M) with excess PPh₃ (0.25 M) and PhCN (0.25 M) at 5 °C led to preferential formation of the benzonitrile adduct (**8**:**7** = 2.8:1); the ratio of **8**:**7** did not change upon warming to room temperature. A similar competition between PhCN and pyridine showed similar trapping ability of the two ligands (**8**:**9** = 0.97:1).



Benzaldehyde Reduction in the Presence of 4-Methylbenzyl Alcohol as a Possible Intermolecular Trapping Agent. If aldehyde reduction occurs via an outer-sphere mechanism, an external trapping agent might intercept unsaturated species **A**. When the reduction of benzaldehyde by **3** in the presence of 4-methylbenzyl alcohol at -60 °C was monitored by ¹H NMR spectroscopy, only iron complex **6-H** bearing the newly generated alcohol was observed (Scheme 7). When the solution was warmed to -20 °C, exchange between **6-H** and 4-methylbenzyl alcohol began, and an equilibrium mixture with **6-CH**₃ and free benzyl alcohol was seen.

Reduction of Aldehydes Possessing a Potential Intramolecular Alcohol Trap. The failure to observe intermolecular trapping is consistent with an inner-sphere mechanism leading directly to an alcohol complex and is inconsistent with a *simple* outersphere hydrogen-transfer mechanism involving free intermediate **A**. However, the result is consistent with a *more restricted* outersphere mechanism where the newly formed alcohol is generated inside a solvent cage and coordinates to iron more rapidly than it dissociates from the cage. The presence of an intramolecular trapping agent might intercept the cage intermediate. Two intramolecular trapping experiments were conducted, one using 4-HOCD₂C₆H₄CHO (**11-***d*₂) and the other using 4-HOCD₂CH₂-C₆H₄CHO (**12-***d*₂).

The reaction of **3** with 4-HOCH₂C₆H₄CHO (**11**) in toluened₈ at -60 °C gave benzylic alcohol complex **13**, the ¹H NMR spectrum of which had benzylic resonances at δ 3.98 and 4.48 for the coordinated and free benzyl alcohol functionalities, respectively.¹⁹ The reduction of deuterated 4-HOCD₂C₆H₄CHO (**11-d**₂) by **3** under the same conditions gave rise to an 86:14 ratio of benzylic resonances at δ 3.98 and 4.48. The newly generated alcohol was the major functionality complexed to iron

⁽¹⁹⁾ On the basis of the ¹H NMR spectra of **6-H**, resonances at δ 3.98 and 4.48 were assigned to CH₂ next to the coordinated and uncoordinated OH's, respectively.



(Scheme 8). This ratio remained constant during the course of reduction and was unchanged between -60 and -20 °C. Upon warming above -20 °C, the ratio of the two benzylic resonances began changing, and at 25 °C, a 1:1 ratio of **13-FeOHCH₂:13-FeOHCD₂** was rapidly approached.²⁰

A similar intramolecular trapping experiment was carried using $12-d_2$, which has an additional intervening methylene group between the aldehyde and alcohol functionalities. At -60°C, the reduction of $12-d_2$ by 3 generated two alcohol products, 14 and 15, in a ratio of 91:9, with the newly generated alcohol being trapped as the major product (Scheme 9). This kinetic ratio did not change during the course of reduction or upon warming to -20 °C. Upon warming to 25 °C, slow equilibration occurred to give a 64:36 mixture of 14:15.

Reversibility of Aldehyde Reduction. When a solution of dideuterated **3-FeDOD** in toluene was treated with 2 equiv of PhCHO at -30 °C, the ²H NMR spectrum of the mixture confirmed rapid formation of deuterated alcohol complex **6H**- d_2 (Scheme 10). When the solution was warmed to 0 °C, a small amount of free alcohol PhCHDOD was observed, presumably due to decomposition of the alcohol complex. When the temperature was raised above 10 °C, deuterium incorporation into the excess aldehyde was seen. At room temperature, 40 mol % of the aldehyde was PhCDO. Although neither **3-FeDOD** nor **3-FeHOD** was detected by ²H NMR once the alcohol complex was generated, the appearance of PhCDO clearly demonstrated that hydrogen transfer was reversible above 10 °C.

Stability of Iron Hydride 3. Iron hydride **3** is moderately light sensitive.²¹ Exposure of solutions of hydride **3** in toluene- d_8 (or CD₂Cl₂) under a nitrogen atmosphere to ambient fluorescent lighting for several hours led to a color change from yellow to red, but no appreciable change in the ¹H NMR spectra. After more than 1 day, ¹H NMR resonances of **3** became broad, possibly due to the formation of paramagnetic species.

Under ambient fluorescent lighting, toluene- d_8 solutions of iron hydride **3** underwent slow exchange with ¹³CO (Scheme 11). When a 0.04 M solution of **3** in toluene was shaken for 4 h under 3 atm ¹³CO in ambient light, ¹H NMR spectroscopy showed that 77% of **3** remained, and examination of the ¹³C splitting of the FeH resonance showed ¹³CO incorporation: **3**:**3**-(¹³CO):**3**-(¹³CO)₂ = 3:2:2. In addition, 23% of **3** was converted to labeled iron tricarbonyl complex **10**-(¹³CO). After 27 h, 66% of the material was **3**-(¹³CO)₂ (>90% label) and 33% **10**-(¹³CO).

Under ambient fluorescent lighting, toluene- d_8 solutions of iron hydride **3** underwent slow exchange with D₂ (Scheme 11). When a 0.04 M solution of **3** in toluene was shaken for 4 h under 3 atm D₂ in ambient light, ¹H NMR spectroscopy showed somewhat greater incorporation of label into the FeD (21%) than into the OD (9%) position. After 27 h, nearly equal amounts of label were present in both the FeD (18%) and the OD (18%) positions. For ruthenium hydride **2**, we have seen rapid D₂ incorporation selectivity into the RuD position at room temperature and much slower incorporation into both the RuD and OD positions at elevated temperature by processes that are still under investigation.²²

Iron Hydride from Reaction of Alcohol Complex 6-H with H₂. The reaction of 6-H under 3 atm H₂ pressure at 5 °C was studied by ¹H NMR spectroscopy. Iron hydride 3 was the principal product observed; however, some decomposition products were also seen. Attempts to accurately determine the rate of reaction of 6-H with H₂ were not successful due to the limited solubility of H₂ in toluene- d_8 and the inability to rapidly and continuously mix gas and solution inside an NMR probe.

If iron hydride formation proceeds by alcohol dissociation followed by rapid trapping of a reactive intermediate by H₂, then the rate of reaction should be similar to the rate of alcohol dissociation. The rate of alcohol dissociation from **6-H** was estimated to have a k_1 value of 3.4×10^{-2} s⁻¹ ($t_{1/2} \approx 20$ s) at 25 °C, using activation parameters. This dissociation rate is consistent with the rapid rate of reaction with H₂ with **6-H**.

Hydrogenation of Aldehydes Catalyzed by 3. The hydrogenation of aldehydes catalyzed by 3 was studied using an *in situ* ReactIR apparatus. Analogous to hydrogenation of acetophenone reported earlier,¹² the hydrogenation of PhCHO catalyzed by 3 obeyed second-order kinetics (first order in both PhCHO and hydride 3), and the hydrogenation rate was not affected by H₂ pressure. During hydrogenation, two metal carbonyl absorptions were observed at 2001 and 1941 cm⁻¹; since both iron hydride 3 and alcohol complex 6-H have bands at the same frequencies, it was not possible to determine the nature of the major ironcontaining species during hydrogenation. The second-order rate constant for hydrogenation of benzaldehyde was determined to be $8.4(1.9) \times 10^{-2} \text{ M}^{-1} \text{ s}^{-1}$ at 25 °C.²³

For comparison, hydrogenation of acetophenone catalyzed by **3** is about 8 times slower $(1.1 \times 10^{-2} \text{ M}^{-1} \text{ s}^{-1} \text{ at } 25 \text{ °C})$ than the catalytic hydrogenation of benzaldehyde. Ruthenium catalysts **1** \leftrightarrow **2** and [2,5-Ph₂-3,4-Tol₂(η^{5} -C₄COH)]Ru(CO)(PPh₃)H (**16**) are slower catalysts²⁴ but show

⁽²⁰⁾ At 25 °C, a third alcohol complex (δ 4.14) along with the free alcohol was seen. This product was assigned as a diiron alcohol complex with the alcohol ligand bridging two iron centers.

⁽²¹⁾ The solid sample of **3** is also moderately light sensitive. Compound **3** is best stored in an amber vial and placed in a-30 °C glovebox freezer.

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⁽²³⁾ Similarly, iron-catalyzed hydrogenation of 4-tolualdehyde gave a second-order rate constant of $1.1(1) \times 10^{-1} \text{ M}^{-1} \text{ s}^{-1}$ at 25 °C.

⁽²⁴⁾ The rate of acetophenone hydrogenation catalyzed by the ruthenium analogue of 3 is similar to that of 3. The faster rates for both 3 and its Ru analogue are attributed to the presence of only monometallic species. This will be detailed in a future publication.



Scheme 11



higher chemoselectivity for reduction of PhCHO over Ph-COMe (40 for $1 \leftrightarrow 2$ and 1200 for 16).²⁵

Discussion

Alcohol complexes have been suggested as fleeting intermediates in aldehyde and ketone reductions with the Shvo catalyst **1-S\Rightarrow2-S**, but such alcohol complexes have never been directly observed.^{5,6} Iron complexes **6** constitute the first examples of neutral alcohol complexes in ligand—metal bifunctional catalysis. As in the case of related ruthenium amine complexes, twosite binding of the alcohol is observed: the alcohol oxygen is coordinated to iron and the alcohol hydroxyl group is hydrogenbonded to the cyclopentadienone carbonyl. Alcohol complexes **6** are kinetically labile and dissociate at readily measurable rates at 5 °C. Both the kinetic stability and the thermodynamic stability of the alcohol complexes depend on the basicity of the alcohol oxygen. The stronger bases bind more strongly, even though they have weaker hydrogen bonds.

Inner-Sphere vs Outer-Sphere Reduction Mechanisms. Two mechanisms have been proposed for the reduction of aldehydes by hydroxycyclopentadienyl ruthenium hydride 2, the active reducing species in the Shvo catalytic system. On the basis of our detailed mechanistic studies of the reduction of benzaldehyde by 2, including observation of primary deuterium isotope effects for transfer of both OH and RuH, we proposed a mechanism involving concerted transfer of proton and hydride to aldehyde outside the coordination sphere of Ru that generates a coordinatively unsaturated intermediate C (Scheme 12).²⁶ In our mechanism, an alcohol complex is not necessarily generated during the hydrogenation cycle. Bäckvall has proposed an alternative mechanism that requires coordination of the aldehyde and slippage of the Cp ring prior to hydrogen transfer (Scheme

Scheme 12



Scheme 13



13).²⁷ In this mechanism, the alcohol product is "born" in the coordination sphere of Ru, and an alcohol complex is inevitably involved in the catalytic cycle. Previously, it was not possible to distinguish these two mechanisms because alcohol complexes are too labile to be detected.

Efforts to distinguish between inner- and outer-sphere mechanisms turned to the reduction of imines since the resulting amine complexes are kinetically stable at low temperature.^{28–30} The inner-sphere mechanism predicts that only the newly formed amine will coordinate to ruthenium, while the outer-sphere mechanism, proceeding through coordinatively unsaturated intermediate **C**, predicts formation of two different amine complexes. The observation that no intermolecular trapping products were formed in the reduction of an imine by **2** in the presence of an external amine trapping agent is consistent with the inner-sphere mechanism and rules out an outer-sphere mechanism involving proceeding through an unconstrained coordinatively unsaturated intermediate **C**. However, the possibility remained that **C** and the newly formed amine are generated inside a solvent cage and collapse to an amine

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complex faster than diffusion from the solvent cage. To test this possibility, the reductions of imines containing an intramolecular amine trapping agent were studied. Intramolecular trapping products were observed at low temperature in two of the three cases examined.^{28–30} For example, reduction of ¹⁵N-labeled imine **17** gave 15% of the amine complex **18-Ru**¹⁵N,N resulting from intramolecular amine trapping (Scheme 14).³⁰ These results were explained in terms of an outer-sphere mechanism leading to the coordinatively unsaturated intermediate **D**, which has the initially formed amine hydrogen-bonded to the carbonyl oxygen of the dienone. Collapse of **D** by coordination of nitrogen to give **18-Ru**N,¹⁵N (70%) occurs in competition with cleavage of the hydrogen bond to give caged intermediate **E**, which leads to equal amounts of **18-Ru**¹⁵N,N (15%) and additional **18-Ru**N,¹⁵N (15%).

Our synthesis of kinetically stable alcohol complexes in a Shvo-type system from the reduction of aldehydes by iron hydride **3** has provided an opportunity to distinguish between inner- and outer-sphere mechanisms for aldehyde reduction. When the reduction of PhCHO by **3** was carried out in the presence of added 4-methylbenzyl alcohol as a potential intermolecular trapping agent for coordinatively unsaturated intermediate **A**, only **6-H** (the iron complex of the newly generated alcohol) was observed, and none of the intermolecular trapping product **6-CH**₃ was seen. However, two separate intramolecular trapping experiments using alcohol-containing aldehydes **11-d**₂ and **12-d**₂ led to the observation of intramolecular trapping. As in the case of imine reduction, we propose an outer-sphere mechanism for reduction of aldehyde **11-d**₂ by

3 leading to the coordinatively unsaturated intermediate **F**, which has the initially formed alcohol hydrogen-bonded to the carbonyl oxygen of the dienone (Scheme 15). Collapse of **F** by coordination of the alcohol oxygen to give **13-FeOHCH**₂ (72%) occurs in competition with cleavage of the hydrogen bond to give caged intermediate **G**, which leads to equal amounts of **13-FeOHCD**₂ (14%) and additional **13-FeOHCH**₂ (14%).

The breaking of the stronger hydrogen bond to an alcohol OH in **F** is expected to be slower than the breaking of a weaker hydrogen bond to an amine NH in **D**. Similarly, coordination of the less basic alcohol oxygen in **F** is expected to be slower than coordination of the more basic nitrogen in **D**. Apparently, both processes for **F** are slowed by similar amounts relative to those for **D**; this results in similar ratios of product coordination to cleavage of the hydrogen bond for alcohols ($k_2 = 2.6k_1$) and amines ($k_2 = 2.3k_1$).

Mechanism of Hydrogenation of Aldehydes Catalyzed by 3. We have independently observed many of the likely individual steps in the hydrogenation of aldehydes catalyzed by iron hydride 3. The stoichiometric reduction of benzaldehyde by 3 was rapid at -72 °C and produced iron alcohol complex 6-H. The rate of dissociation of alcohol from 6-H, leading to substitution by PhCN or exchange with other alcohols, was measured at 5 °C. The rate of reaction of H₂ with alcohol complex 6-H to give iron hydride 3 was at least as fast as alcohol dissociation from 6-H.

The rate law for the hydrogenation of benzaldehyde catalyzed by **3** (rate = k[3][PhCHO][H₂]⁰) is consistent with rate-limiting reaction of **3** with PhCHO. The kinetics are consistent with **3**

Scheme 17



being the major iron species during catalysis, but IR spectroscopy could not distinguish between iron species **3** and **6-H** because of the similarity of their spectra, and the catalysis was not readily measurable by NMR spectroscopy. While alcohol complex **6-H** may be an intermediate in the catalytic process, the extrapolated rate of dissociation of alcohol from **6-H** was about 2.5 times slower than the overall catalytic rate; if this rate extrapolation is accurate, then **6-H** may not be a kinetically viable intermediate.

Studies of dihydrogen elimination from hydroxycyclopentadienyl ruthenium hydride **2** demonstrated a key role for alcohols in relaying a proton transfer from the CpOH group to the metal hydride to form an intermediate dihydrogen complex.²² The microscopic reverse, dihydrogen activation, was therefore proposed to require an alcohol also (Scheme 16). Similar mechanisms for dihydrogen activation are likely for the iron systems reported here.

Several possible detailed mechanisms for hydrogenation of benzaldehyde catalyzed by **3** are summarized in Scheme 17. One possibility is that alcohol complex **6-H** is an intermediate in the catalysis and that it dissociates alcohol faster than its extrapolated rate. A second possibility is that **6-H** is an intermediate and that it reacts with H_2 faster than alcohol fully dissociates; dihydrogen addition may occur to **F**', a coordinatively unsaturated intermediate that retains a hydrogen from the alcohol to the cyclopendienone carbonyl. A third possibility is that **F**' is generated from reaction of PhCHO with **3** and reacts with dihydrogen faster than it collapses to alcohol complex **6-H**. Further experiments are needed to sort out these possibilities.

Experimental Section

Synthesis of Alcohol Complexes. For the convenience of compound characterization, alcohol complexes were generated *in situ* by mixing equimolar amounts of hydride 3 (12 μ mol) and an aldehyde (12 μ mol) in 500 μ L of CD₂Cl₂ (or toluene-*d*₈) in a resealable NMR tube for 10 min at room temperature. NMR spectra of the orange alcohol complex solutions³¹ were obtained in an NMR

probe cooled to 0 °C. Infrared spectra of the alcohol complexes (in toluene) were taken in a CaF_2 solution cell at room temperature.

{2,5-(SiMe₃)₂-3,4-[(CH₂)₄](\eta^4-C₄CO)}Fe(CO)₂(HOCH₂Ph) (6-H). ¹H NMR (CD₂Cl₂, 360 MHz, 0 °C): δ 0.20 (s, Si(CH₃)₃, 18H), 1.25–1.29 (m, CH*H***, 2H), 1.43–1.48 (m, C***H***H, 2H), 1.98–2.12 (m, CH₂, 4H), 4.53 (s, PhCH₂OH, 2H), 7.31–7.43 (m, Ar, 5H); OH resonance was not located. ¹H NMR (toluene-***d***₈, 360 MHz, 0 °C): δ 0.38 (s, Si(CH₃)₃, 18H), 0.95–1.12 (m, CH₂, 4H), 1.47 (s, OH, 1H), 1.76–1.89 (m, CH***H***, 2H), 1.90–2.03 (m, C***H***H, 2H), 4.14 (s, PhCH₂OH, 2H), 7.09–7.20 (m, Ar, 5H). ¹³C{¹H} NMR (CD₂Cl₂, 90 MHz, 0 °C): δ 0.28 (Si(CH₃)₃), 22.26 (CH₂), 24.81 (CH₂), 73.70 (PhCH₂OH), 75.57, 107.38, 128.82 (CH), 128.98 (CH), 129.02 (CH), 138.24 (CCH₂OH), 170.99 (C=O), 212.63 (Fe(CO)₂). ¹³C{¹H} NMR (toluene-***d***₈, 90 MHz, 0 °C): δ 0.39 (Si(CH₃)₃), 22.02 (CH₂), 24.69 (CH₂), 73.21 (PhCH₂OH), 75.63, 107.20, 171.64 (C=O), 212.75 (Fe(CO)₂); aromatic carbon resonances were not located. IR (toluene): 1998, 1939 cm⁻¹.**

 $\{2,5-(SiMe_3)_2-3,4-[(CH_2)_4](\eta^4-C_4CO)\}Fe(CO)_2(PhCN)$ (8). PhCN (200 µL, 2.0 mmol) and Me₃NO (90 mg, 1.2 mmol) were sequentially added to a solution of iron tricarbonyl complex 10 (418 mg, 1.0 mmol) in acetone (40 mL). The resulting orange solution was refluxed under N_2 for 20 h. After cooling, H_2O (50 mL) was added, and the mixture was extracted with CH_2Cl_2 (3 \times 20 mL). The extract was dried (Na₂SO₄), and solvent was evaporated under vacuum. The residue was purified by column chromatography (1:1 CH₂Cl₂:hexanes, then 1:4 EtOAc:hexanes) to give 8 as an orange powder (451 mg, 91% yield). 8 is not air sensitive but is moderately light sensitive. ¹H NMR (CDCl₃, 300 MHz): δ 0.23 (s, Si(CH₃)₃, 18H), 1.50–1.73 (m, CH₂, 4H), 2.24-2.47 (m, CH₂, 4H), 7.42-7.53 (m, Ar, 2H), 7.54-7.64 (m, Ar, 1H), 7.77–7.84 (m, Ar, 2H). ¹³C{¹H} NMR (CDCl₃, 90 MHz): δ 0.19 (Si(CH₃)₃), 22.59 (CH₂), 25.14 (CH₂), 70.94, 107.22, 112.31, 128.13, 129.33 (CH), 133.05 (CH), 133.37 (CH), 180.12 (C=O), 213.03 (Fe(CO)₂). IR (CH₂Cl₂): 2000, 1942, 1585 cm⁻¹. HRMS (ESI): calcd (found) for $[C_{24}H_{31}O_3FeNSi_2 + H]^+$ 492.1317 (492.1335).

4-HOCD₂C₆H₄CHO (11-d₂). 11-d₂ was prepared by hydrolysis of 4-HOCD₂C₆H₄CH(OCH₃)₂, which was synthesized by reducing 4-(CHO)C₆H₄CH(OCH₃)₂ with LiAlD₄.³² ¹H NMR showed 99% deuteration at the benzylic position.

4-HOCD₂CH₂C₆H₄CHO (12-*d*₂). 12-*d*₂ was prepared from 4-BrC₆H₄CH₂CD₂OH (which was synthesized by reducing

⁽³¹⁾ The solution of $6-NO_2$ in toluene- d_8 had a deep purple color.

4-BrC₆H₄CH₂COOH with LiAlD₄) according to a similar procedure reported in the literature.³³ ¹H NMR showed 99% deuteration at the CD₂OH position.

Intermolecular Trapping Experiment. A solution of 3 (7.8 mg, 20 μ mol) and about 1 equiv of 4-methylbenzyl alcohol in 400 μ L of toluene- d_8 in a Teflon-capped NMR tube was frozen in a liquid nitrogen bath. The frozen solution was layered with 100 μ L of toluene- d_8 first and then a layer of aldehyde (20 μ mol) in toluene- d_8 (100 μ L). The mixture was thawed in a dry ice/Et₂O bath (-100 °C), and the three layers were carefully mixed while cold. The NMR tube was then immediately inserted into an NMR spectrometer precooled to -60 °C, and spectra were acquired.

Intramolecular Trapping Experiments. A solution of **3** (7.8 mg, 20 μ mol) in 400 μ L of toluene- d_8 in a Teflon-capped NMR tube was frozen in a liquid nitrogen bath. The frozen solution was layered with 100 μ L of toluene- d_8 first and then a layer of hydroxyaldehyde **11-** d_2 or **12-** d_2 (20 μ mol) in toluene- d_8 (100 μ L).

The mixture was thawed in a dry ice/Et₂O bath (-100 °C), and the three layers were carefully mixed while cold. The NMR tube was then immediately inserted into an NMR spectrometer precooled to -60 °C, and spectra were acquired.

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Supporting Information Available: General experimental information, experimental procedures, synthesis of alcohol complexes, rates of substitution of coordinated alcohols by PhCN, and rates of hydrogenation of aldehydes catalyzed by **3**; X-ray crystallographic data in CIF format for **6-H**. This material is available free of charge via the Internet at http:// pubs.acs.org.

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